MEGGIE & ELLIE

for

Welfare & Equal Opportunities Officers

ABOUT US

Hello! We're both second years, studying MML and Law. We're approachable, supportive and committed. We're passionate about fostering a College environment that actively supports the mental and physical wellbeing of students and promotes equality.

EXPERIENCE

- Personal experience of facing discrimination and fighting for equality
- Developed good rapport with senior staff and understanding of the inner-workings of College system, having liaised on challenging welfare issues

PROPOSALS

EVENTS

- Rebuild Downing community spirit following turbulent year - introduce first years to Downing traditions (pub quiz, open mic nights) and make new ones (film nights, yoga sessions)
- Launch annual Welfare Week
- Create another weekly gathering à la Keith's Café - hot chocolate in taverna?
- More animal welfare days
- Introduce termly fundraising bake sales and raffles

COMMUNICATION

- Release welfare newsletters sharing resources, events and positive vibes
- Run Instagram created by Clem and Zadie

WORKING WITH THE JCR

- Promote inclusivity, working with Liberation Officers to run talks and events supporting marginalised groups
- Coordinate events with Ents Officers to raise money for mental health charities
- Continue welfare drop-ins, collaborating with Liberation Officers

WORKING WITH COLLEGE

- Improve mental health training of staff, particularly tutors
- Work with Head of Student Wellbeing to bring College and student body closer together, finding a more inclusive, effective support infrastructure
- Explore fairer alternatives to fines

PROPOSED BY: Rachel Caul

SECONDED BY: Samuel Ginns
WHO WE ARE

Second Years studying Medicine and Law.
Our CRSIDs are: CGL28 and OS406

WHY ARE WE RUNNING?

We have experienced our fair share of mental health issues, and we have helped those around us through some extremely difficult times.

We believe that two male welfare officers have the ability to soften the ‘stiff upper lip’, and we will also set up a diverse team of ‘welfare representatives’ in each year who struggling students can turn to if they feel they do not know us well enough, or want to talk to someone of the same gender, sexual orientation, or race.

We want to ensure all voices are heard and all issues are listened to.

WHAT WILL WE IMPLEMENT?

1. Continue Instagram;
2. Weekly drop-in Zoom;
3. Set up an Equal Opportunities Committee comprised of the JCR Welfare Team to consider issues raised by students regarding equal opportunities.
4. Survey each term to suggest activities welfare budget could be spent on;
5. Anonymous submissions box in Porters’ for queries and issues; answers offered in weekly welfare email;
6. Student contact scheme: one representative from each subject as contact for welfare and academic issues reporting to us;
7. One member of the JCR Welfare Team to attend every Ent sober to help any attendees.

Proposed by Jordan Kibuuka (Much-loved Frep, 2nd Year NatSci)
Seconded by Quinn Liang (Co-President of the Downing Cranworth Law Society, 3rd Year Law)